

## Thamasoma Jyothirgamaya

### *The Role of a Spiritual Social Enterprise for Inculcating Ethically Responsible Behavior among Individuals*

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#### Abstract

**Purpose:** *The purpose of this paper is to develop a Model of Sri Chandra sekarendra saraswathi gnana peetam (here on this will mention as SCSGP), a spiritual organization and its guidelines from sanathana dharma for ethical responsibility behavior and its reflection on individuals.*

**Design/methodology/approach:** *The paper first develops a Model for SCSGP based on its process to meet its vision. The paper then provides guidelines for various aspects of spirituality that impact on the way of leading ones professional/ personal lives*

**Findings:** *The paper developed STEP model for SCSGP's and finds that in a decade span of time this organization has brought significant social as well as spiritual changes by their various activities which promotes spiritual standards and ethical values to the generations.*

**Practical implications:** *The paper has practical implications to practitioners of Spiritual Organizations and individuals in terms of developing Models which promote ethical aspects and spirituality by proclaim the richness of Sanathana Dharma in India.*

## INTRODUCTION

### Importance of Sanathana Dharma-Vedas

Giving a brief introduction of Veda would be beneficial to readers who are not from Indian background. 'Veda' comes from the word 'Vid'. 'Vid' is Sanskrit word for 'To Know'. 'Veda' means 'Knowledge', Eternal Knowledge which means that there is either No Beginning or No Ending. Sanskrit is the language of Vedic civilization. Following Vedic culture will reduce the chaos in the society.

Yoga and the sacred Yagam purify our mind as well as the external environment. These are the important elements of our ancient rich culture. The Vedas form the bedrock of the universal religion or "Sanatana Dharma" followed by the Hindus. Vedas have been our religious guide for ages and will continue to be for eternities to come. Besides their spiritual value, Vedas give a distinctive view of our day to day life (swamiji, 2014). Vedas are part of the ancient Indian literature which have been traditionally travelled generations through a teacher – student lineage (Guru-Shishya Parampara) through oral medium (shruti). Vedic literature constitutes primarily of four principal Vedas – Rig Veda, Yajur Veda, Atharveda, Sam Veda. Each Veda has following branched literature (Samhitas, Brahamnas, Aranayaks, and Upanishads) associated with it (Avadhanulu R.V.S.S., 2007).

Sanathana dharma teaches us about the value of moral in our lives. The one who understood the essence of Sanathana dharma will think about the benefit of entire society not just about them. Reading inspiring books change the way of thinking. Law of Karma will help us to be alert about our deeds. Revival of Rishi Culture or Vedic Culture is important to have a healthy society.

Manaso hyeva khalvimani bhutani jayante  
Manasa jatani jivanti, Manah  
prayantyabhisamvisantiti

(*Taittiriya Upanisad 3.4*)

"From mind (manas) itself all these beings are born; after birth, they live only upon the mind; after departing from the world they enter into the mind." In other words, the mind of the subject cannot be dismissed in evaluating the objective scenario and the action that result from such an evaluation, resulting in success or failure.

The mind with the cognitive makeup as described in above concepts would have a holistic mindset about the purpose, actions and the environment where it operates. It would help inculcate some of the values in participants such as fearlessness, purity of mind and hearts, vision, creativity, empathy, patience, building healthy relationship with all, spirit of sacrifice for the sake of common good, non violence, firm but fair, harmlessness, gentleness, truthfulness, loyalty, cheerfulness, simplicity, calmness, control of mind and restraint on senses and passions (Bindlish, 2011).

### Need for the Study

In spite of its rich spiritual heritage and very strong cultural history, India had not been able to root out poverty, weakness & social evils. Thus, there is a need of bringing about a spiritual revolution and very strong spiritual leadership within & outside the families.

When there is a serious issue to address in the society, which the government or any other third parties could not able to solve despite making various efforts, then a social enterprise will emerge to challenge the problem and solves it through its unique model. *The SCSGP*

has been started with the order and inspiration of HH. Sri Shankara Jayendra Saraswathi Swamiji & HH Sri Shankara Vijayendra Saraswathi Swamiji (Peetadhipathi's of Sri Kanchi Kamakoti Peetam) . It is a Non-Profit organization that has been established in the year 2008 in the Anantapur district of Andhra Pradesh.

The values, attitudes, and behaviors necessary to intrinsically motivate one's self and satisfy fundamental needs for spiritual well-being, which positively influences on individual Trikarana Shuddhi, i.e. Mana (thinking), Vaakku (Speaking) and Karmana (Deeds/ Actions). Thus, there is a need an hour to study on SCSGPs making its mark for the betterment of the society through spirituality.

### Objectives of the Study

1. To appreciate various innovative approaches of 'SCSGP' in realizing its mission, vision, and goals.
2. To develop the model for 'SCSGP'.
3. To elucidate the sustainability strategies and methods adopted by this social enterprise.

### Research Design

The research is qualitative in nature and the research type is Case Study Analysis.

- *Survey instruments:* The founder has been interviewed by the researcher with the research questions. Based on these exploratory findings, the case has been analyzed.
- *Data Collection* The data required for the analysis will be collected by the following ways,
  - (a) By conducting interviews
  - (b) By observing the sample (the founder and the members) in the SCSGP.

### Research Questions

1. What is the main motive for the formation of 'Sri Chandrasekarendra Saraswathi Jnaana Peetam (SCSGP)'?
2. What are the principles and guidelines followed by 'SCSGP' to accomplish its mission?
3. What is the SCSGP model to meet its vision?

### INTRODUCTION

Spiritual life is not one of the ways of living after a certain age. It is the motive to understand and gives meaning to the life. The following are the way of SCSGP to mark its impact into the society for inculcating values among people for strong Bhaarath (Nation).

### 'Yata Dharma Sthatho Jaya' – The Success Mantra Behind SCSGP

Ancient Scripture of Sanathana Dharma says, 'Yata Dharma Sthatho Jaya', where there is righteousness, there is a victory. Spirituality is not merely worship of the deity in a temple, the performance of yagam, Homam & other rituals. Spirituality is that comprehensive understanding and envisagement of values, by which the Universe is taken in its completeness.

By spiritual reflection, question and introspection one can grow in purity of mind, also ones intellectual energy is devoted to the understanding of the truth. Sattvic knowledge enables an individual to realize the spiritual unity. These sattvic actions are performed without a desire for any gain is also called as nishkaama karma (Self-less action).

The sattvic doer is the man who truly acts by not showing partiality, an impersonal ad without vanity. He remains unmoved in joy or pain. He acts without desire. He does not

run after honor, fame, worldly greatness and totally free from Ego neither in speech nor in actions (Vaswani, 2013).

### **SCSGP – The Path Maker**

By association with the good and sacred satsang anyone can make sattvic guna that will be an abiding aspect of their lives and personalities. Indeed, overcoming desires, actions, passions & attachments which bind are very difficult. For this, a disciple seeks direction from Guru. The Spiritual Guru may or may not in the physical form but once the disciple is ready, the Guru himself comes to direct him. Further, the ultimate goal of individual spiritual life is to unite in the omnipresent. Obviously, this is a solution to all human sufferings, and all problems in *Prakruthi*, the creation. Thus, to become Zero and to unite with the Almighty, in this technology world one must seek the guidance in the form of *satsang* or through *sadhana*, the practice.

### **SCSGP – A Platform for Relentless Sadhana**

A very good person need not necessarily be a wise person. A very sincere person may miss the essential point in the practice of sadhana. The story of the Mahabharata is the story of the soul's movement towards God, and it is the story of every individual. It is the laying bare of the mannerisms of human nature which are mistaken for the glories of human character. Masters like Bhishma and Drona went the wrong way. Great souls like Bhishma and Drona sided with a person like Duryodhana. It is understood that the Great geniuses also can go wrong. The best *sadhaka* can be on the wrong path (Krishnananda, 2018).

The spiritual philosophy makes one the best

of any kind, a farmer becomes the best farmer, a gardener the best gardener, a driver the best driver, a clerk the best clerk, an official the best official, a teacher the best teacher, and so on (Pannir, 2017).

Thus the practice of spiritual sadhana must be in philosophical aspect, its scientific aspect, its psychological aspect, its social aspect.

The Sanskrit translation of the term spirituality is 'adhyathmam' which means 'atmanah sambadham gyanam' which means 'the knowledge related to the nature of the soul'; or 'knowledge related to mind or mana'. Spiritual matters are thus those matters regarding ultimate nature and purpose of human beings, not only as material and biological organisms but as being with a unique relationship with something which is beyond time and material world.

Miller and Thoresen (2000) proposed three broad measurement domains, i.e. spiritual beliefs, experiences and practices. These three domains are meant to characterize spirituality within and outside the context of religion.

### **THE RISE OF SCSGP**

*Shri Vidyanandanatha Swamiji (H.K. Madhusudhan Rao garu)* is the founder of SCSGP. He was initiated into Srividya Poorna Deeksha at a young age by his Sri Guru Sri Champakanandanatha Swamiji (Sri.Karanam Srinivas Rao Garu) in the presence of Sri Balanandanatha swamiji (Sri Sri Kamakotishastri Garu), Mirashidaar of Kamakshi Temple, Kancheepuram, Tamil Nadu. He firmly believes that through Sanathana Dharma one can achieve world peace, healthy & balanced life, prosperity and happiness and hence the modern world should be taught on its relevance and importance. Currently, it has hundred plus disciples

of both the genders. These people are from different parts of India, all these disciples are working for various organizations/MNCs as Professors, consultants, Software/Hardware engineers, researchers, etc.

### **The Motive Behind its Existence**

What existed in Bharat then & now and what unites us is a Central idea Called Santana Dharma – ‘the Eternal or Universal Dharma. Dharma means universal law, the fundamental principles behind this marvelous universe like the law of Karma. Santana means Perennial, referring to eternal truths that manifest in ever new names and forms. Hinduism is the oldest religion in the world because it is based on the eternal origins of creation. But it is also the newest religion in the world because it adjusts to new names and forms to every generation and looks to living teaches not old books, as its final authority.’

The Atman or soul of Bharat (India) is Sanathana Dharma. The conquest of Bharat by invaders had left impressions or samskaras on its soul. These impressions are like dust covering a piece of glass, have led to Maya, delusion, confusion. So if India has to discover its soul it needs to rediscover Santana Dharma and remove the impressions caused by past Conquests.

At this juncture, a charitable Society under the instructions of Kanchin Kamakoti peetadhipathi’s *Sri Jayendra Saraswathi Swamiji* and *Sri Shankara Vijayendra Saraswathi Swamiji*, The SCSGP (Sri Chandrasekarendra Saraswathi Gnana Peetam) is established in Anantapur, AP.

If we, of this generation, create a break in the chain of Vedic study, kept up for ages, from generation to generation we shall be committing the unforgivable crime of

denying our descendants the opportunity of learning the Vedas....

– HH Sri Sri Chandrasekarendra  
Saraswathi Maha Swamigal

### **The Concept of Sanathana Dharma**

Sanathana Dharma comprises of spiritual laws that govern the human existence. Sanathana Dharma is to human life what natural laws are to the physical phenomena. The essence of Sanathana Dharma is spiritual freedom. The Vedic system is beyond time. It is eternal. It’s all there, gifted for us by our great Rishi’s. It’s you and me who have to take the time to plunge into this ocean of eternal bliss. The potential to attain human wholeness (or in other frames of reference called enlightenment, salvation, nirvana or moksha) is present in every human being. No race or religion is superior and no color or creed is inferior. All humans are spiritually united like the drops of water in an ocean. Every human being has a responsibility towards the society and the country. He/she should make a conscious attempt to fulfill it. It can be being part of a social unit or an association that engages in the activities that make a positive impact on the people and the society. All such entities that provide a platform to people to contribute to the larger society have a greater call of duty of shouldering the responsibility of promoting peace and harmony between different sections of the society, caring for the less fortunate beings and to improve the quality of the life of the masses. They should continuously innovate and to put into practice sustainable methods to achieve and sustain them. To achieve this, Hinduism is blessed with all the ingredients required for building a beautiful and harmonious personal, family and community

life. (*His Holiness Sri Sri Chandrasekarendra Saraswathi Maha Swamigal*) (www.srignanapeetam.org)

### The Vision and Mission of SCSGP

The vision and mission of SCSGP are as follows:

*Vision:* The inner transformation of individuals through imparting knowledge of our Sanathana dharma and Veda, Vedanta, spiritual practices and service to society, resulting in a happy world around us.

*Mission:* To provide to individuals from any background, the wisdom of our Sanathana dharma, Veda, knowledge, Vedanta and the practical means for spiritual growth and happiness, enabling them to become positive contributors to society.

### THE IMPORTANCE OF SADHANA AND SPIRITUAL EVOLUTION

The one who follows religious beliefs tends to be happier than those who don't. Researchers found that religious people tend to be less depressed and less anxious than nonbelievers, better able to handle the vicissitudes of life than nonbelievers. A 2015 survey by researchers at the London School of Economics and the Erasmus University Medical Center in the Netherlands found that participating in a religious organization was the only social activity associated with sustained happiness – even more than volunteering for a charity, taking educational courses or participating in a political or community organization. It's as if a sense of spirituality and an active, social religious practice were an effective vaccine against the virus of unhappiness. (WALSH, August 7, 2017)

One of the best-selling books written by the Dalai Lama is called *The Art of Happiness*.

In it, the Buddhist leader describes why happiness is so important. "Isn't a life based on seeking personal happiness by nature self-centered, even self-indulgent?" he writes. "Not necessarily. In fact, survey after survey has shown that it is unhappy people who tend to be most self-focused and is often socially withdrawn, brooding and even antagonistic." To support with the above statement, SCSGP has started with one person and now (after a decade journey) it has hundred plus disciples and most interestingly all members mingle like a ONE FAMILY irrespective of caste and Creed.

Every one of us is at different stages of spiritual evolution. The quality and quantity, as well as the duration of the experience of the Bliss, are directly proportional to the stage of our spiritual evolution (*foundation*). There are 3 stages of spiritual evolution according to the researcher understanding. These stages are Ignorance stage, the second stage is the experience stage and finally the stage of Bliss respectively.

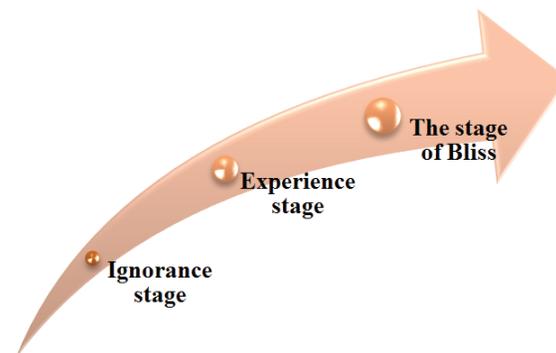


Figure 1: The Three Stages of *Sadhana*

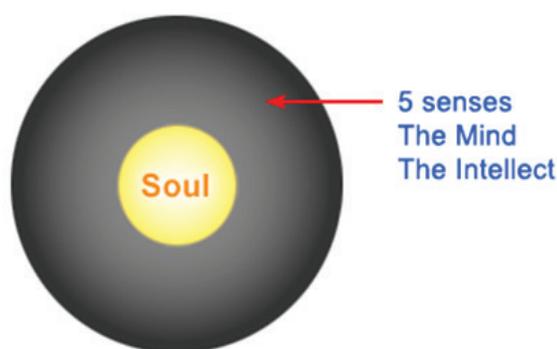
Source: Developed by the Researcher

#### Ignorant stage

This is a stage where the Aura of the real soul covered with the darkness (Maya in spiritual terminology). This spiritual ignorance refers to our inability to see beyond our five senses,

mind and intellect and perceive the soul within. When the embodied soul undertakes the spiritual practice then gradually the darkness reduces and we are able to perceive the soul and experience the Bliss from it. Externally, we clean our homes and bathe our bodies daily because the dirt outside us is easily visible. However internal spiritual cleansing is another matter and is rarely undertaken.

**An average human being, also known as embodied Soul or Jīvā**

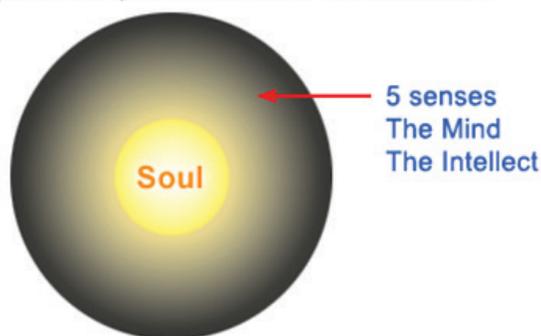


**Figure 2:** The Ignorance Stage of an Individual  
*Source:* Spiritual Science Research Foundation.

**Experience Stage**

If one does spiritual sadhana and if it becomes their regular practice, they began to get spiritual experiences.

**The embodied Soul doing spiritual practice, also known as Jīvātmā**



**Figure 3:** The Experience Stage of Sadhaka  
*Source:* Spiritual Science Research Foundation.

**The Final State**

When sadhaka actions, deeds, and thinking process immerse With God, then he could the final stage – the stage of oneness. In this stage the pure soul could shine by overcoming the spiritual blockages.

**The God-Realised Soul, also known as Shivātmā**



**Figure 4:** The Stage of Bliss

*Source:* Spiritual Science Research Foundation.

**ANALYSIS AND DISCUSSION**

The following questioned were raised and discussed with 55 disciples of Vidyānandanātha Swamiji, SCSGP. Based on their responses and after studying the culture of SCSGP the researcher has developed a model for this spiritual enterprise.

**Question 1:** SCSGP – A path maker

Indeed, overcoming desires, actions, passions & attachments which bind are very difficult. eventually, the ultimate goal of individual spiritual life is to unite in the omnipresent. thus, How SCSGP helps/helped you to overcome your worldly Desires, attachments and how is the respondents’ belief in his/her association with God?

**Question 2:** How SCSGP is a platform for Sadhana – The practice

The spiritual philosophy makes one the best of any kind,—a farmer becomes the best farmer, a gardener the best gardener, a driver the best driver, a clerk the best clerk, an official the best official, a teacher the best teacher, and so on.

Thus the practice of spiritual sadhana must be in philosophical aspect, its scientific aspect, its psychological aspect, its social aspect.

**Question 3:** Could you feel the transformation in you?

This is a need to respond to one's understanding on human values, their ethics at personal and professional, the purity of mind & Actions.

**Question 4:** How you are spreading love and knowledge after inculcating the culture of SCSGP?

To be able to love someone unconditionally is something which all of us aspire for, but in reality, finds it difficult to practice. Usually, when we say we love someone, it is laden with expectations and is conditional in nature. Respondent need to write a sentence on his practice of unconditional love.

**Question 5:** Touching lives every day

Are you enough confidence that the system of SCSGP taught you to lead an exemplary life? In how many lives that you have show your mark (by showing empathy/uplifting the downtrodden/bringing some change in someone's life not only by words but also by your actions?)

### The STEP Model of SCSGP

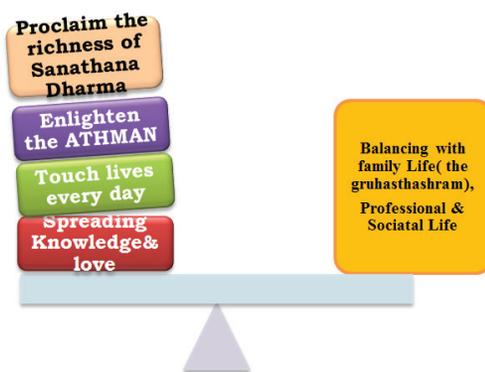


Figure 5: The STEP Model fo SCSGP

Source: Developed by the researcher

The Detail narration of the model as mentioned in the following:

### S – Spreading Knowledge and Love

Saint Kabir Sings, 'Some are in suffering because of their body, some the mind sickens, others are plagued by wealth. Sayeth Kabir, all are aggrieved. Happy are the Lord's Servants alone' (Vaswani, 2013).

Having strong social ties is one of the greatest guarantors of happiness. Religion isn't the only social tie that binds. Ancient scripts of Sanathana dharma proclaims the importance of knowledge sharing, in modern business terminology, it coined as win-win approach.

Om Saha Naavau-Avatu |  
Saha Nau Bhunaktu |  
Saha Viiryam Karavaavahai |  
Tejasvi Naavau-Adhiitam-Astu Maa  
Vidvissaavahai |  
Om Shaantih Shaantih Shaantih ||

– Mantra from Vedic scripts

The meaning of the above sloka is as follows:

May God Protect us Both (the Teacher and the Student) during the journey of awakening our Knowledge, May God Nourish us Both with that spring of Knowledge which nourishes life when awakened, May we Work Together with Energy and Vigor cleansing ourselves with that flow of energy for the Knowledge to manifest, May our Study be Enlightening taking us towards the true Essence underlying everything and not giving rise to Hostility by constricting the understanding of the Essence in a particular manifestation only.

To be able to love someone unconditionally is something which all of us aspire for, but in reality finds it difficult to practice. Usually when we say we love someone, it is laden with expectations and is conditional in nature.

In the STEP model of SCSGP the alphabet S-represents to spread love and knowledge. It also proclaims the greatness of unconditional love on something. Further in practice also the master has been trying inculcate this art of showing unconditional love among the members of SCSGP. They strongly believe that having unconditional love is the nature of divinity.

### ***T – Touch Lives Every Day***

These organizations is bringing a significant change in the society by using its various activities.

#### *Caring for the Environment*

- Planted devotional and medicinal plants like Raavi, Juuvvi, Meedi, Moduga, Bilvam, Vepa, Jammi, Neredu, etc., in villages/towns near Anantapur as part of our ongoing efforts to create a ‘Vaidika Paryavaranam’ to help the communities create healthy, clean & green environment.
- Created awareness in various communities on the importance Gow Matha (Holy Indian Cow) and extended financial assistance to Goshalas.
- Conducted awareness programs on Ayurveda.

#### *Touching the Lives by Service*

- Distribution of plates and glasses at Govt. school in Somaladoddi village, Anantapur.
- Distributed bed sheets in DattaRajamuneedra Ashram, Kurugunta ashram for blind girls, Abhaya child welfare for mentally disabled and for physically handicapped people.
- Provided groceries to NGO Spandana, Anantapur for mentally retorted kids.
- Provided Financial Aid to meritorious poor students to enable them pursue Engineering/Chartered Accountancy.

- Conducted Youth empowerment program by various famous speakers like Sri Hypnos Kamalakar and others as part of ‘Inspire 2010’ – A three day career oriented personality development workshop for youth.
- Conducted seminar on ‘How to prepare for competitive Exams’ by well known trainer, speaker and coach Sri Akella Raghavendra of Hyderabad.
- Conducted Kautilya – Chess Competition for School children to arouse interest in our ancient game.
- Essay Writing competition on Mana Pandugalu-Visishtata, Mana Bharathadesha Samskruti Sampradaya Vaarasatva Sampada, Kanna Talli Pramukhyata & Gomata for High school kids.

### ***E – Enlighten the ATHMAN***

Om Asato Maa Sad-Gamaya |  
Tamaso Maa Jyotir-Gamaya |  
Mrtyor-Maa Amrtam Gamaya |  
Om Shaantih Shaantih Shaantih

– Mantra from Vedic scripts

O Lord! Keep me not in the Unreality of the bondage of the Phenomenal World, but lead me towards the Reality of the Eternal Self, O Lord! Keep me not in the Darkness of Ignorance, but lead me towards the Light of Spiritual Knowledge Lord! Keep me not in the Fear of Death due to the bondage of the Mortal World, but lead me towards the Immortality gained by the Knowledge of the Immortal Self beyond Death

uddharedaatmanaatmaanam  
naatmaanamavasaadayeth |  
aatmaiva hyaatmano bandhuraatmaiva  
ripuraatmanah ||

– from Holy Gita

Let a man raise himself by his own efforts. Let

him not degrade himself. Because a person's best friend or his worst enemy is none other than his own self.

To enlighten the Athman SCSGP adopted relentless sadhana & Satsang. The following are a few discourses mentioned:

- Pravachanam on Mookapanchashati by Sri Garikipati Narasimharao Garu at Anantapur.
- Pravachanam on 'Aacharya Shankarulu – Adhyathmikabhoda' by Sri Dr. Nagatrishulapaani in Kaasivishweswaralayam, Anantapur.

### ***P – Proclaim the Richness of Sanathana Dharma***

The above statement has been justified with the help of the following:

- Conducted Sri Vidya Mahaayaagam by Guhanandamandali members of Chennai for Vishwa Shanthi.
- Performed ShataRudreeyahomam, Abhishekam & Navavaranaapooja for Loka Kalyaanam.
- LakshaKumKumaArchana at Chinmaya mission, Atp, Samoohika Sarvamangala Stotra Paaryana in Ramaalayam, Atp, Astadasha LakshaKumkumaArchana for lokakalyanam in Pulivendula, Kadapa, Lakshapusphaarchana as part of Mahaswami 120<sup>th</sup> year Birthday celebrations.
- Sahasra Lingarchana, Abhishekam, Shata Rudreeya homam & Yaama pujas on shivaratri.
- Performed Vedic rituals in few neglected temples in remote areas for the welfare of the village.
- Held Gurupoornima and Veda Dampatipooja to honour Vedic Scholars and to encourage lineage.

- Felicitation of Great speaker Sri. Chaganti Koteswara rao garu, Sri. Garikipati Narasimha Rao garu & Sri SamavedamShanmuka Sharmagaru.
- Abhishekam & Navavaranaapooja to Srichakra on every Pournami for Loka Kalyaanam.
- Guruvandana on every Ashada Pournami, SriHoma on every Sravana Pournami & RudraHoma on every Kartheeka pournami.
- Conducted 'Chandi Homa' by Sri Vidya Upasaka Shri Goteti Srinivasa Rao at Sri Lalitha Sundareswara Devalayam, Tadipatri.

### **FINDINGS AND OBSERVATIONS**

After a decade of constant observation and after having a series of discussion with the members of SCSGP, the first concept in the model Spreading love and knowledge is explained as follows:

1. Sri. Chandrashekarendra Saraswathi Gnanapeetam is indeed a path maker which is backed by blessings of paramacharya and gurumandala (it is an uninterrupted guru lineage in srividhya sampradaya). The disciples could able to balance both worldly life and spiritual to go hand in hand. Having a big group itself gives them a huge strength. It gives a huge confidence that they are not alone.
2. The researcher has observed that the members of SCSGP are ready to perform their allocated duty in an excellent manner. The Master has been guiding his disciples to become Karma Yogis' i.e.. Complete focus and dedication to action without any attachment to the ensuing results is the real key to living a fulfilling life.
3. It has been observed that the master is acting as a role model in each and every

situation. In SCSGP, The Guru (Master) has been adopted a formula like instead of mealy preaching, he strongly believed on to follow the principles before he teaches and let his disciples follow him. Further, the disciples have a notion on, if they work with elegance, fortitude, and skill our Body-Mind-Soul will co-operate with their hands.

4. 90% of the respondents (Members of SCSGP) are able to spend more time towards spirituality which in turn helps them to stay on the path of dharma. When it comes to daily life it helps them to stay equipoise and take tough decisions. It also brought them in touch with a huge network of sadhakas (the other members of SCSGP family) who gives a sense of family and unity. In SCSGP Family the founder Sri vidyanandanatha is the head of this family and all the members are his brothers, sisters, daughters, etc. Whether it is within SCSGP, i.e. the network of sadhakas or outside SCSGP (the external society), the sadhaakas are always kept in front to help each other by providing moral support as well as through the sense of oneness. Rather than exploiting the community for selfish reasons, everybody is passionately bent towards giving their best to the community which is a win-win situation for society as well as SCSGP.
5. SCSGP is a real pathbreaker in many of lives, the guidance and the wisdom of our ancient scriptures shared by SCSGP family made the members to stand tall under any circumstances. It has given them a huge strength and support during low phases of the member's personal and professional life. The respondents have a strong belief on, If they do *sadhana* (the spiritual practise), then the Aathma of a Sadhaka will reach the lotus feet of almighty. Then Aathma and Paramaathma will become ONE.
6. *Triple Transformation in the members of SCSGP*: Sri Aurobindo says that there are three kinds of transformation necessary for ascending to the higher realm. He proposes the triple transformation namely, psychic transformation, spiritual transformation and supramental transformation. It has observed that the significant transformation in the members of SCSGP. They understood the importance of the human body and by using this to reach God and the Importance of guru in life to make the perfect path to reach ultimate destiny. Since, initially it is very general for any sadhaka the basic question will be where to start, It is like a privilege for any sadhaka to be part of SCSGP family because all questions which arise during initial stages of sadhana will get cleared before they arise. Under the guidance of great guru's in SCSGP and by following their instructions it's a bed of roses for any sadhaka to reach greater heights in their sadhana
7. *Transformation in Mind, talk & Actions (manas, vacha, karmana)*: 95% of the respondents have been responded that they could feel the positive transformation in their mind & actions. They are able to control their emotions and succeeded in their career. It is all because they have started implementing thoughts shared by their master ( guru) and by fellow SCSGP members
8. The members of SCSGP are always try to help people in need. They tend to condemn news against sanathana dharma, discuss with colleagues to make them understand about our principles and way of living

9. *SCSGP is a guiding force to the disciples:* Decision making becomes very when a master is there to guide. When a person who is well-versed with Scriptures is a guiding force one can never leave the path of dharma.
10. *SCSGP creates Awareness of Rituals:* Each and every day in a Hindu calendar has a lot of importance in terms of spirituality. Also we have numerous special occasions which are marked with spiritual significance. These are called parwas or festivals which are associated with specific of rituals. SCSGP creates awareness of these rituals and their spiritual significance which would help us to progress with sadhana. It is centered around a Guru who himself belongs to an elite lineage of Gurus and did a great sadhana himself. To simply put, SCSGP turns life into sadhana by bringing the essence of Sanatana dharna into daily life.
11. *SCSGP's mark in the society:* The members of SCSGP have been proved with that the sadhaka who is in the path of dharma himself is a great asset to the society. He spreads positive energy and a sense of oneness in his vicinity which in turn empowers many lives. Being a network of sadhakas SCSGP creates a great sense of oneness within the org as well in the society. Apart from this it actively takes up a lot of seva activities. Individuals become get strong through sadhana and become good decision makers. At macro level, it brings a sense of oneness which in turn results in peace and harmony.
8. All the members of this social and spiritual organization spend their maximum time by chanting the Vedic verses while doing their regular chores too.

## FUTURE ACTIVITIES OF SCSGP

- To promote and to start Veda pathshalas.
- To conduct BalaVikaas programs (Sanskara Kendra) in selected areas so that we can impart Slokas, Padyas & Samskaaras from scriptures which create wonderful moral, ethical and spiritual values in children.
- To establish library that has a wide range of collection of texts on Vedas, Sruthis and Sanathana Dharma.
- Conduct social service programs like eye camps, medical camps for the benefit of the masses and the community at-large.
- To serve as a resource centre on effective management practices for Hindu organizations and temples.
- To revive the ignored temples (Jeernoddharana) and impress upon local communities on the need of reviving them and making them self-sufficient to maintain them.

## CONCLUSION

SCSGP is a pathmaker for the members (disciples) as it is sharing Knowledge about sadhana, Practicing and making successors in the path of spiritual life. As Spiritual life is the foremost life among all lives, SCSGP is making a good path in this. It is enlightening an Individual as a great soul in the society as well. It is helping by sharing the scriptures knowledge to all irrespective of cast and creed. It has been bringing the transformation in mentally to become strong, Physically to do any dharmic action without any hesitation, spiritual development by creating amazing experiences to the disciples and moreover to make out of Superstitious beliefs. It is a best place for overall development of any human being. It has been training the members to become the ethical human beings, as true

disciples, as best team players, as a great Leaders and as a ceaseless Learners.

To encapsulate, all the members of Sri Chandrasekarendra Saraswathi Gnana peetam (SCSGP) are the impeccable warriors of Sanathana Dharma Parirakshana.

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